

**Region:** Northeast

**Site Information:** Genesis Behavioral Services, Inc. - Genesis Milwaukee Outpatient Clinic  
230 W. Wells Street, #312  
Milwaukee WI 53203

**Site Contact Person/Title:** Lisa Deal, Counselor/Manager

**Phone:** (414) 344-3406

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**Appointment Phone:** (414) 344-3406

**Fax:** (414) 344-0107

**Billing Contact Name:** Claude Stollenwerk

**Phone:** (414) 777-1570

**Is agency Medicaid certified?** yes

**Faith-based Organization:** no

**Minority or Disadvantaged Vendor:** no

**Facility Accessibility:**

• Is wheelchair accessible	• Has a location near public transportation
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**Specializations:**

- Programs for Men and Women
- Services for Pregnant Women
- Services for Persons Involved in the Criminal Justice System
- Services for Persons with Co-occurring Mental Health and Substance Use Disorders

**Hours of Operations:**

Monday:	9am-8pm	Tuesday:	9am-8pm
Wednesday:	9am-8pm	Thursday:	9am-8pm
Friday:	9am-5pm	Saturday:	By Appointment
Sunday:	Closed	Emergency Contact 24 Hour Phone Number: (414) 257-7222	

**Program Description**

**AODA Individual Counseling**

Scheduled with each client a minimum of one time per week upon program admission. Session frequency will be determined by each individual client's need, diagnostic criteria, treatment plan and appropriate collateral input. The assigned counselor begins the series of sessions at intake with a comprehensive assessment, treatment planning, and orientation. Individual sessions focus on writing treatment plans, assessing client's progress, developing support systems for the clients, having conferences with case managers, assisting clients with employment referral, and helping clients work through personal issues directly related to their recovery. AODA Individual counseling sessions help clients begin to integrate the changes necessary and build upon these new skills to live chemical/criminal free lifestyles. Cognitive Interventions Programming provides clients with the essential concepts, skills and behavioral components that include modeling, role-playing, experiential exercises and appropriate collateral resources to achieve abstinence from mood-altering chemicals. Through on-going "practice", clients will work through barriers to cognitive change, such as cognitive dissonance (core distorted beliefs conflicting emotionally with new thinking habits) or environmental factors (e.g., family, friends, coworkers, neighbors, etc. who reinforce negative self or world perceptions).

### **AODA Education**

AODA Education Group for the Milwaukee County Outpatient Treatment Program is comprised of twelve (12) open-ended sessions. Groups are secular and utilize an educational/counseling group format for clients to facilitate acceptance and minimize denial/defense mechanisms relative to their AODA problems. The AODA Education Group Component has been developed to provide essential alcohol and other drug abuse educational services, with an emphasis on client attainment of the critical “tools” for initiation of recovery from chemical dependency. Utilizing the Cognitive Interventions Programming Model, the AODA Education Groups provide clients with the essential concepts, skills and behavioral components that include modeling, role-playing, experiential exercises and appropriate collateral resources to achieve abstinence from mood-altering chemicals.

### **AODA Group Counseling**

The AODA Therapy Group component for Outpatient Treatment is comprised of twelve (12) open-ended sessions. The AODA group counseling format for clients is designed to address issues of denial and defense mechanisms, personal indicators of dependency and abuse, and the impact of substance abuse/dependency on major life areas. AODA Group Therapy also facilitates client examination of personal belief systems and values, strategies for self-improvement, the recovery process and recognition of the need for lifestyle changes. Through facilitation of positive, pro-social coping skills, interpersonal functioning and development of positive social supports clients acquire and implement the necessary tools they need to live chemical free lifestyles through the cognitive change process. Genesis AODA Therapy Groups utilize the Cognitive Interventions Programming Model, providing clients with the essential concepts, skills and behavioral components that include modeling, role-playing, experiential exercises and resources to achieve abstinence from mood-altering chemicals.

### **Outpatient AODA Family Counseling**

AODA Family Counseling is offered for all clients receiving AODA counseling services and currently living with or returning to live with their families. Family counseling will address issues of substance use, abuse and/or dependence, co-occurring mental health issues, and behaviors that impact the family to start the healing process. Family counseling involves the client and their family in dealing with feelings and resentments, as well as communication and trust. Families learn to begin to put the pieces of their lives back together through sobriety and recovery. The Genesis Family Counseling Program takes a significant “family first” focus to work effectively with our clients and their families toward growth and recovery.